

## ***What should you do BEFORE your spray tan session?***

If you are preparing for an event (wedding, vacation, etc.) your spray tan should be the LAST service you have done. You should have your manicure, pedicure, etc. done the day before your spray tan. We recommend you receive your spray tan 24-48 hours before your event if it's a wedding, dance, performance, etc.

### ***Shower, Exfoliate and Shave***

Before coming in for your tan session, it is VERY important that you prepare your skin to obtain the best tan possible. Pay close attention to your elbows, knees, ankles, face and any other areas of rough or dry skin. We recommend using a mild, fragrance free soap with a loofah. Avoid soaps that contain moisturizers and bar soaps. We recommend performing these steps 4 or more hours before coming in for your tan session.

We sell a line of products created by the spray tan solution manufacturer that helps prepare your skin for the tan and helps extend the life of your tan. Please ask for information on them!

### ***After Showering***

Avoid lotions, moisturizers, deodorant and perfume

Wear loose fitting, dark, old clothing

Avoid wearing white clothing, the solution washes out of most fabrics except silk, leather and nylon.

**IF IT'S RAINING BRING AN UMBRELLA!!**

## ***What should you do DURING your spray tan session?***

### ***During Your Tan***

Wear whatever you feel comfortable in – (females) bathing suit, underwear, bra, etc. Females can be sprayed nude. Please note: any clothing worn during a spray tan session will leave tan lines

Men ***MUST*** wear underwear or a bathing suit

Applying lip balm or chap stick to your lips prior to your tan will keep your lips moisturized and from absorbing too much tan solution.

Your body will be sprayed twice, with 1oz of solution per application. Your hands, feet, neck and face will be sprayed once, at the very end of the tan session.

### ***What should you do AFTER your spray tan session?***

#### ***What to Expect Immediately***

- The product we use contains cosmetic bronzer which will give you an immediate tan look. This bronzer will 'rinse off' during your first shower, which will produce a tea colored run off.
- Expect a shiny dark complexion until you shower
- Even though the cosmetic bronzer is washing off, your tan will still be there
- Your tan will continue to darken for 24-48 hours. Depending on your skin type, your tan will be at its darkest 48-72 hours after your session
- You will need to stay dry and sweat free until you shower, which is 8-10 hours after you've been sprayed.
- You might see some bronzer 'rub off' on your clothes or sheets before your initial shower, this should wash out

#### ***Caring for Your Airbrush Tan***

- DO NOT shower for 8-10 hours, do not swim or perform any physical activity that will result in sweating.
- Your first shower should be just a 'rinse off' using warm, NOT hot water.
- Moisturizer daily with a paraben free moisturizer, we carry a spray tan friendly body & face moisturizer/tan extender as well as body wash. These products are the BEST to use after your tan.
- Your tan will last 7-10 days if you exfoliate lightly, shave infrequently and take warm, NOT hot showers
- If you take HOT showers, shave frequently or exfoliate heavily, your tan will last 3-7 day